

- 01** Pain on surgical area should go away after 2 – 3 days from surgery. Severity of pain is not bad in case of liposuction comparing to other procedures but it feels more like muscle cramps.
- 02** Corrective garment should be worn all the time for 4 weeks after surgery since the day of bandage removal. The longer you wear, the better it is and it's recommended to wear it up to 3months.
- 03** Drainage bags may be attached in case of a large amount of fat removal; bags are removed after 5 – 7 days if attached.
- 04** Stitches are used on surgical sites to minimize the bruises and these are removed after 7 – 10 days from surgery.
- 05** General anesthesia will add stress to body so resting and relaxing for a day is recommended after surgery.
- 06** Resuming daily activities is recommended from the next day after surgery as it helps with recovery rather than bed-resting.
- 07** Weight lifting, running and such activities except for a walk should be resumed from 4 weeks postop.
- 08** Quick shower can be done after the day of stitch removal; however, taking a bath, going to sauna and hot spring should be done from 4 weeks postop.
- 09** Only pain killers and antibiotics prescribed by the hospital need to be taken. If necessary, you can additionally take Tylenol which does not contain Aspirin. Please avoid taking pain killers which are related to Aspirin as it may cause bleeding.
- 10** Drinking and smoking should be avoided for 4 weeks. Alcohol can cause inflammation and smoking can damage/necrotize skin or postpone wound recovery as it contracts vessels.
- 11** In case of emergency or any questions, please contact (+82-10-7156-6546)